



Hike 'n Lunch

Rockwood Forest Trails

Thursday, May 2, 2024

Depart Poplar Springs Boat Ramp promptly @ 8:40 AM,
please arrive 10 minutes before departure time @ 8:30 AM

Rating: EASY TO MODERATE, natural trails through woods with many roots & rocks

Distance: 2.5 miles total **Elevation gain:** 225 ft.

Brief Description of the Hike: We will follow a combination of nature trails (Creech Trail, Beech Trail, Zig Zag Trail, Train Ride Trail, and the Schoolhouse Trail) to loop the perimeter of the "Rockwood Forest". This is an enjoyable walk through the woods and we hope the trees have fully budded and the rhododendrons are in bloom. The total hike length will be 2.5 miles with moderate elevation change and some narrow spots with roots and rocks. Also, many sections are bare dirt so prepare for some possible mud if it has been wet ahead of the hike. Walking sticks are recommended.

Drive time to the park is approximately 50 minutes. Parking is ample and readily available; however, there are no open restrooms on-site, so plan accordingly and make your restroom stop on the way, if necessary,

Directions to Rockwood Forest Trails (from Poplar Springs boat ramp)

Note: If you are using Google Maps, input "Rockwood Forest Trails, Rockwood, TN".

Take the parkway north to US-321S (north) through Lenoir City. Continue on US321 to the I-40W ramp (toward Nashville). Continue on I-40W for 16 miles to exit 347 (US27S). Turn left onto US27S (after about 5 miles it will merge into US70 also), continue for 7.0 mi. into the village of Rockwood. On the south side of Rockwood, turn right at the stoplight onto W Rathburn St. Proceed 0.2 mi. and turn left onto Chamberlain Ave. Continue 0.7 mi. and turn left onto Kirby Lane (into the Rockwood Sports Complex). Park in the last lot on the Right.

After the Hike: Proceed to "Smokehouse Bar and Grill" restaurant (708 West Race St, Kingston) for lunch. This is a restaurant we have used previously. They offer a casual Bar and Grill style lunch. Should be a fun time for all.

Directions: When leaving Rockwood, turn left onto US70E, continue on US70E for 12 miles (do not follow US27N). As you enter into Kingston, TN the Smoke House B&G will be on the left. Watch closely, it is easy to drive past!

(Note: In the case of inclement weather, we will suggest that the group should plan to come to Smoke House B&G for a very enjoyable group lunch meeting at 11:15 AM.)

Attendees are responsible for their own meals and drinks

Maximum number of attendees: 30

Last day to register or cancel is: April 25, 2024

Event coordinators are: Don and Lisa Worner

ONCE REGISTRATIONS ARE FILLED, TO BE ADDED TO THE WAITLIST CONTACT: Lisa Worner (email: dlworner@msn.com)

Note: Out of respect for others and to avoid potential tripping hazards we ask you to please leave all pets at home.

Be Engaged. Be Informed. Be Heard.

